

The psychological and social impact of Covid-19: new perspectives of well-being in the UK

Abstract

Aim: The research aims to highlight the psychological and social impact of Covid-19 on the wellbeing of the UK residents.

Method: The study comprises of positivism research philosophy and the research approach being used is the deductive approach. The data is collected through 100 participants through the convenience sampling method. The research design is quantitative, and the primary method collects the data.

Findings: The data is analysed through the SPSS tool, and the analysis is conducted from descriptive, regression and correlation. The research includes identifying the correlation of the variables and how they have affected individuals during Covid-19. It was highlighted through the data analysis and hypotheses process regarding the significance of the variables. The purpose of determining the significance of the variables is to determine their correlation and how each of them has an impact on the other variable. The study comprises two independent and two dependent variables, which are incorporated.

Keywords: *Covid-19, psychological impact, social impact, obsessional thinking, news exposure, social revival*